

Malaria diagnostics: Progress, possibilities and priorities

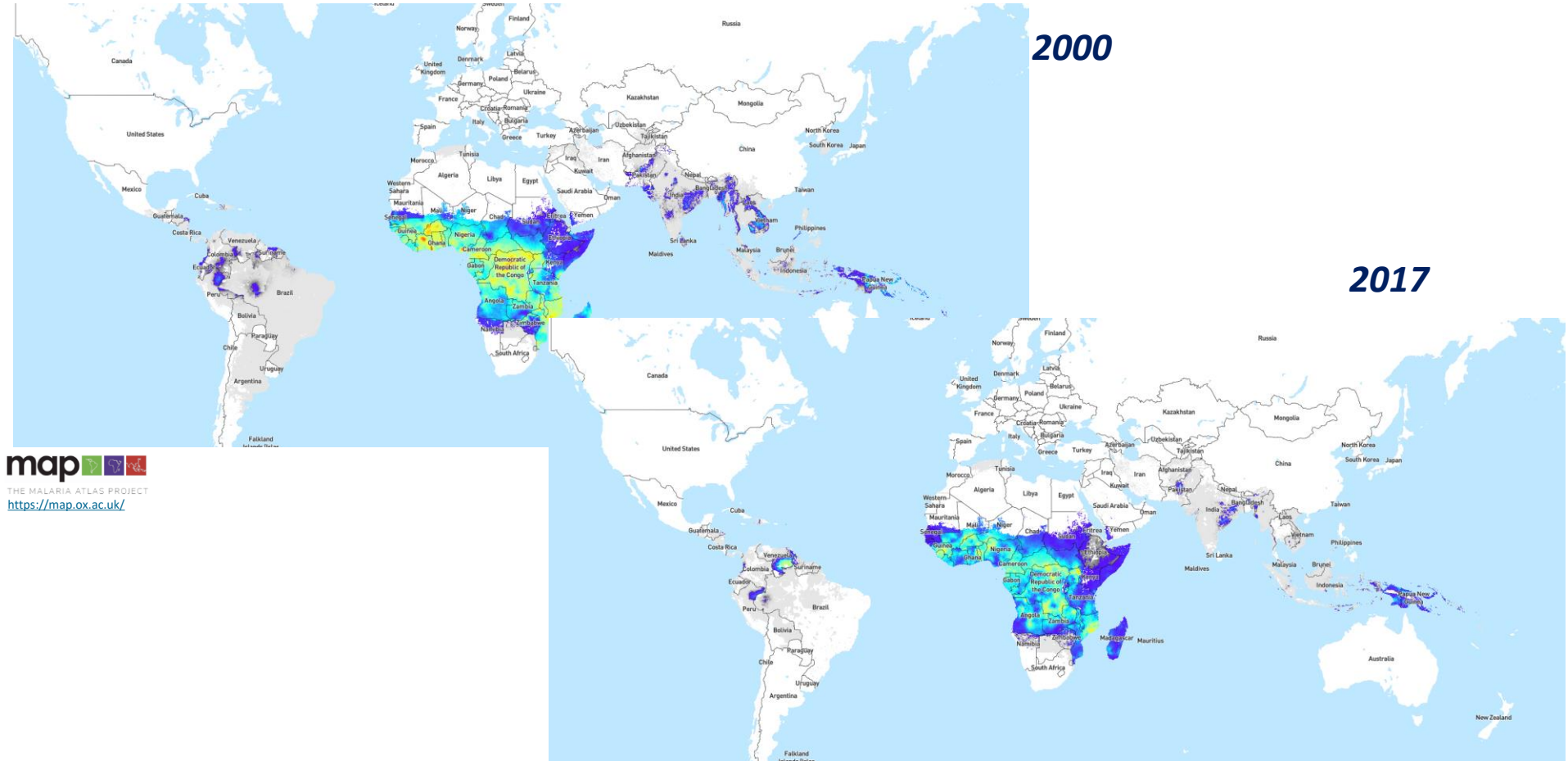
**3rd Manipal International
Infectious Diseases Conference 2019**

Theme: Tropical Infections and Global Health

Manipal. August 2019

David Bell

Malaria distribution and progress since 2000 – *P. falciparum*



Malaria distribution and progress since 2000 – *P. vivax*

2000

2017

48% in India
(World Malaria Report 2018)

map THE MALARIA ATLAS PROJECT
<https://map.ox.ac.uk/>

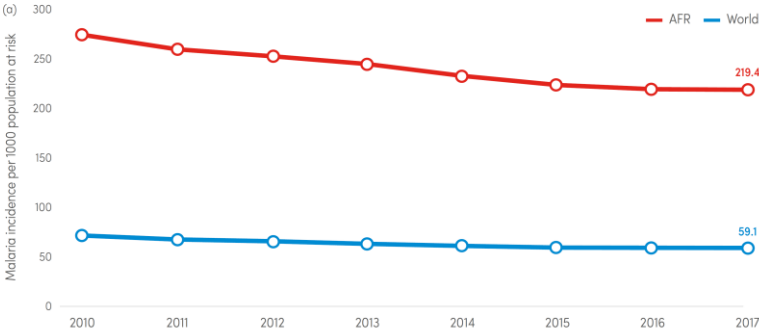
- **Less common:**

- *P. ovale* (*curtissi*, *wallikeri*)
- *P. malariae*
- *P. knowlesi*

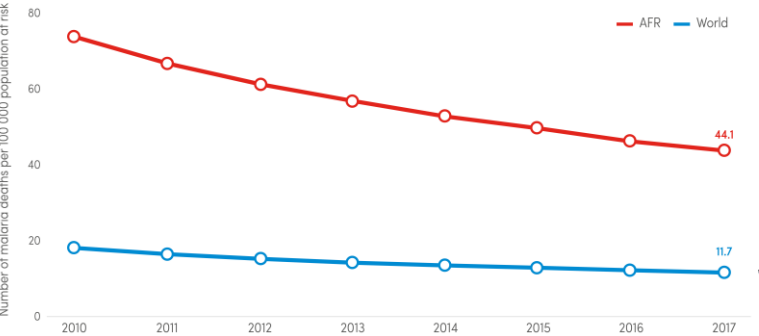
But progress is slowed, or halted.....Global malaria trends 2010 - 2017

Global malaria trends: cases per 1000, deaths per 100K of pop'n at

risk trends in malaria case incidence rate (cases per 1000 population at risk), globally and by WHO region, 2010–2017 The WHO European Region has reported zero indigenous cases since 2015. Source: WHO estimates.

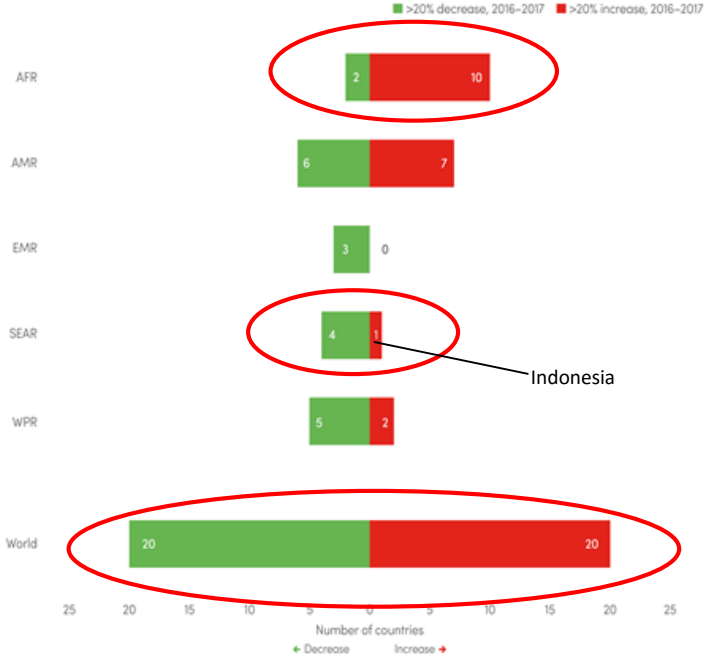


Trends in malaria mortality rate (deaths per 100 000 population at risk), globally and in the WHO African Region, 2010–2017 Source: WHO estimates.



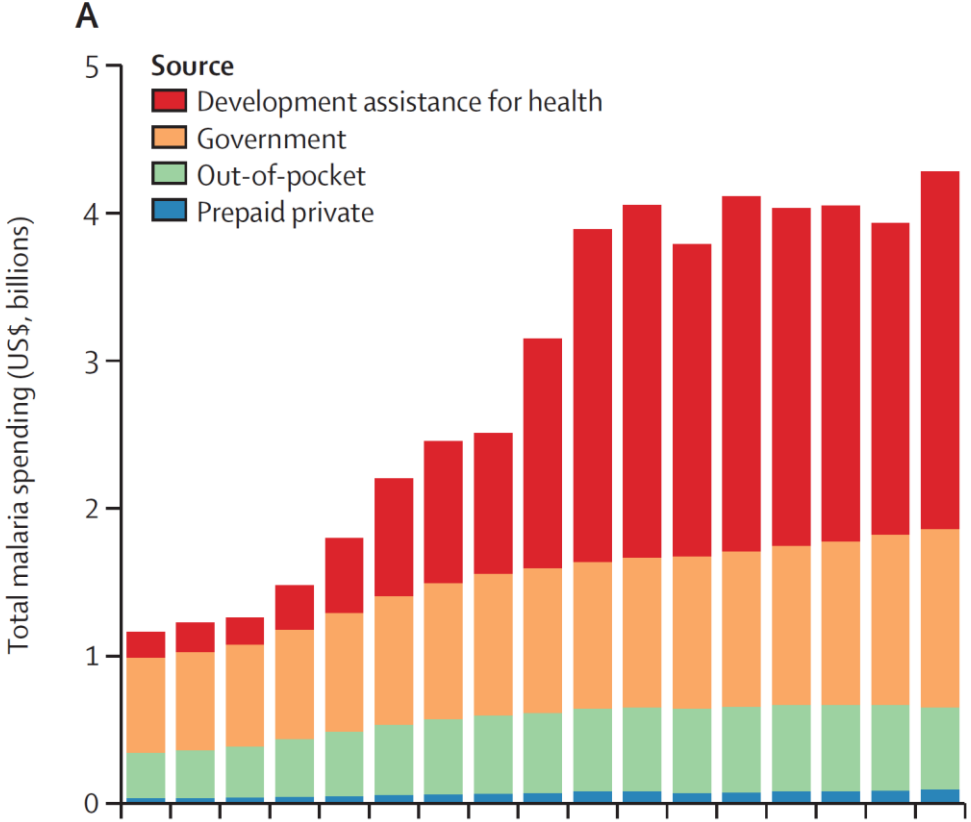
Countries with large changes in malaria case rate

Number of countries and areas where a reduction (green) or an increase (red) of more than 20% in malaria cases has occurred between 2016 and 2017, by WHO region Sources: NMP reports and WHO estimates.



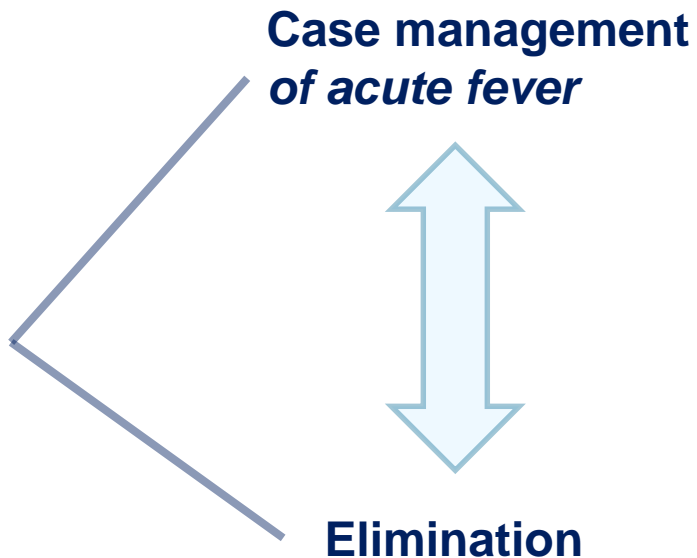
AFR: WHO African Region; AMR: WHO Region of the Americas; EMR: WHO Eastern Mediterranean Region; NMP: national malaria programme; SEAR: WHO South-East Asia Region; WHO: World Health Organization; WPR: WHO Western Pacific Region.

...And funding is fragile...



Haakenstad A, et. Al., Tracking spending on malaria by source in 106 countries, 2000-16: an economic modelling study. *Lancet Infect Dis.* 2019 Jul;19(7):703-716.

Malaria diagnosis – Why?



Diagnosis of disease

Distinguish malaria-related fever from other causes:

Direct use of anti-malarial drugs

Identify non-malaria cases requiring further investigation

Gather data on malaria incidence

Planning and targeting of interventions (assumes a decent HIS)

Detection of parasites

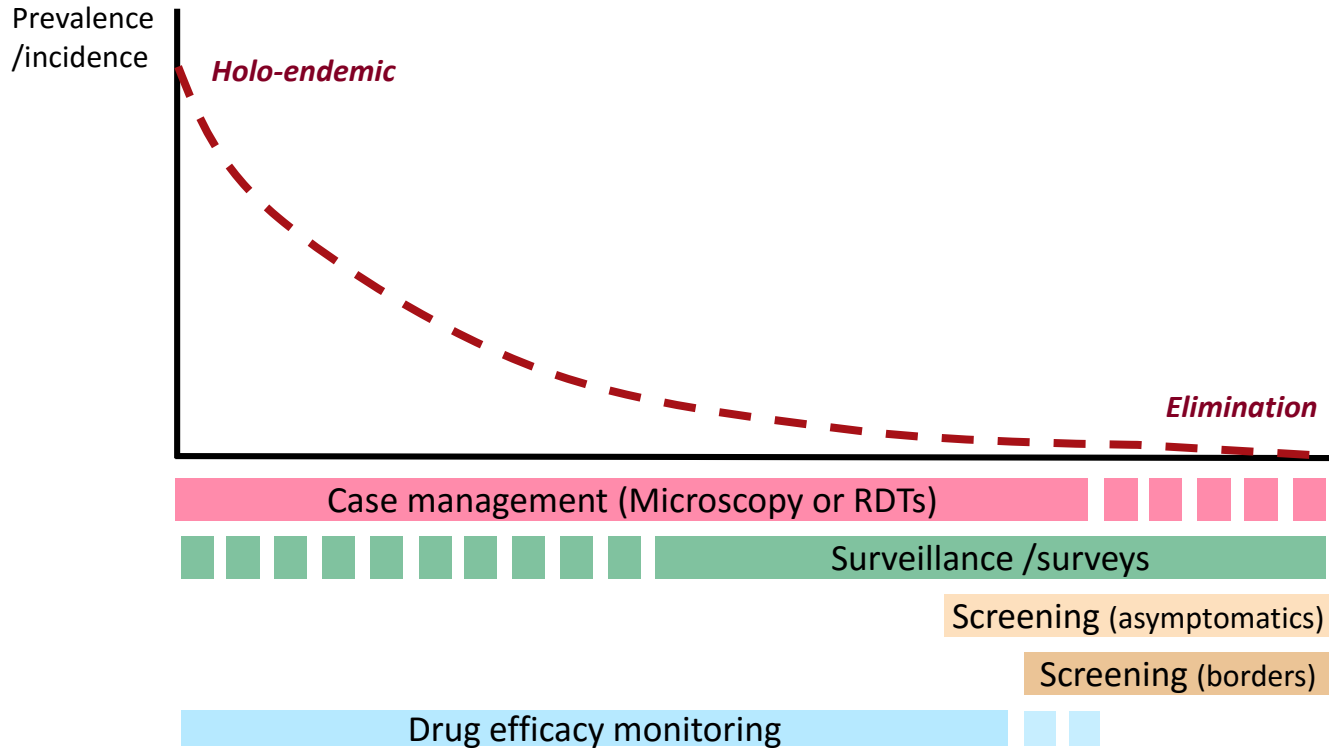
Parasite-screening tests

Detect parasitaemia for treatment, to prevent onward transmission

Detection of transmission

Population screening tests

Malaria detection and malaria prevalence



Why distinguish between these classes of diagnostics?

Diagnosis of disease , Parasite detection

Implications:

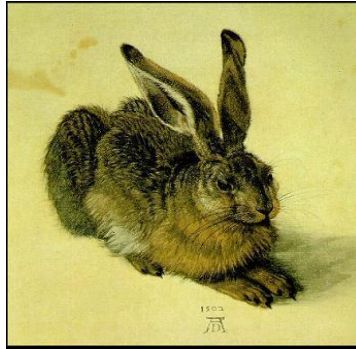
Different product specifications

Different implementation challenges

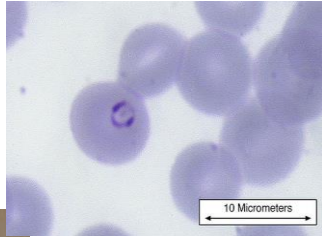
Different funders /funding mechanisms

Different willingness-to-pay

Current tests for case management



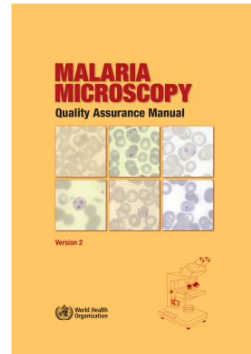
Light microscopy



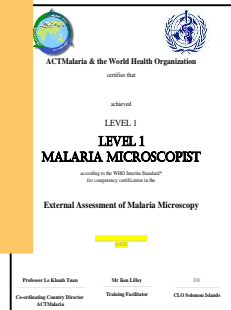
~200M diagnoses /year
Quantify parasites
Species differentiation
Useful for other diseases...

But...

Highly technician dependent
Highly variable threshold of detection
Not so cheap to do it well
Slow for Point-of-Care

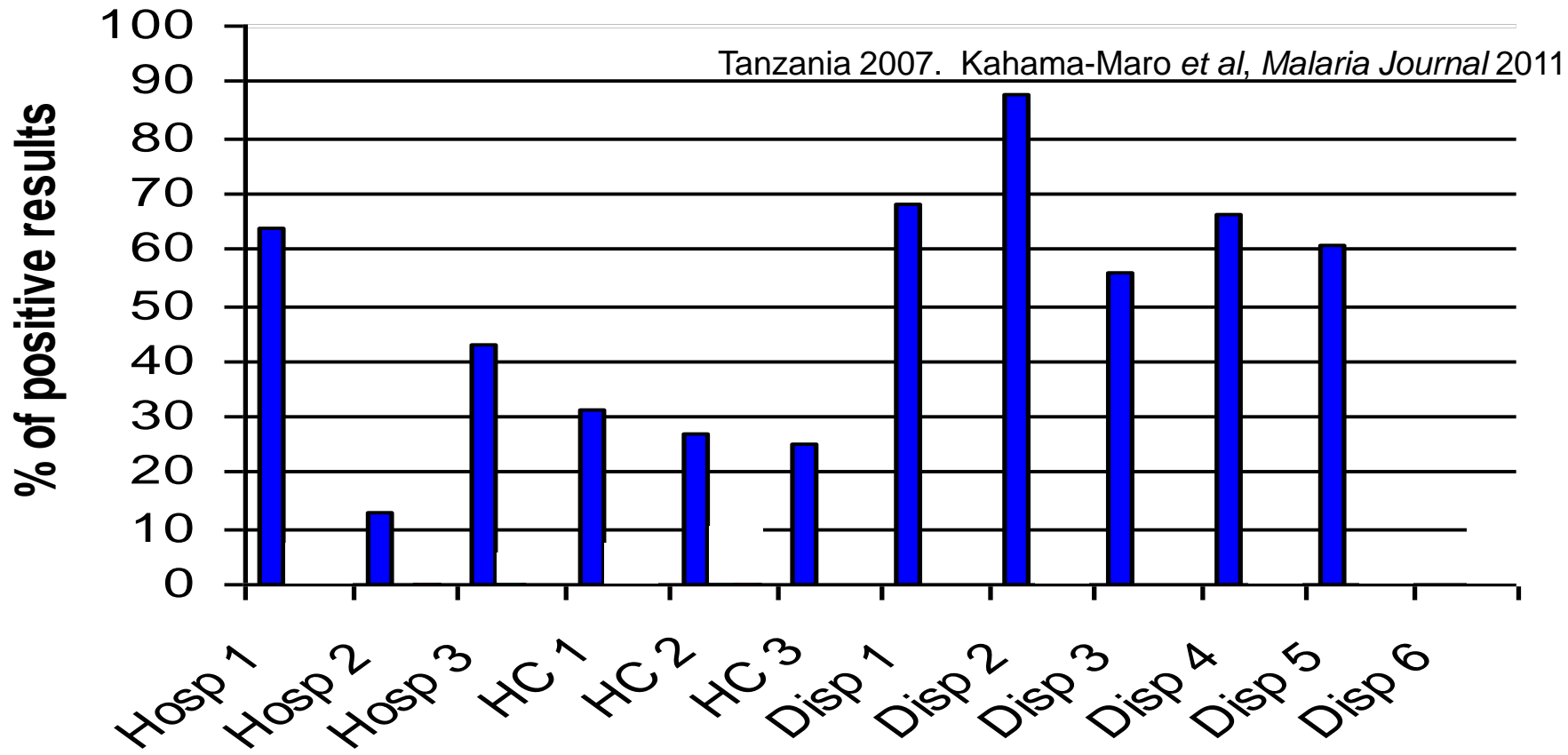


QA

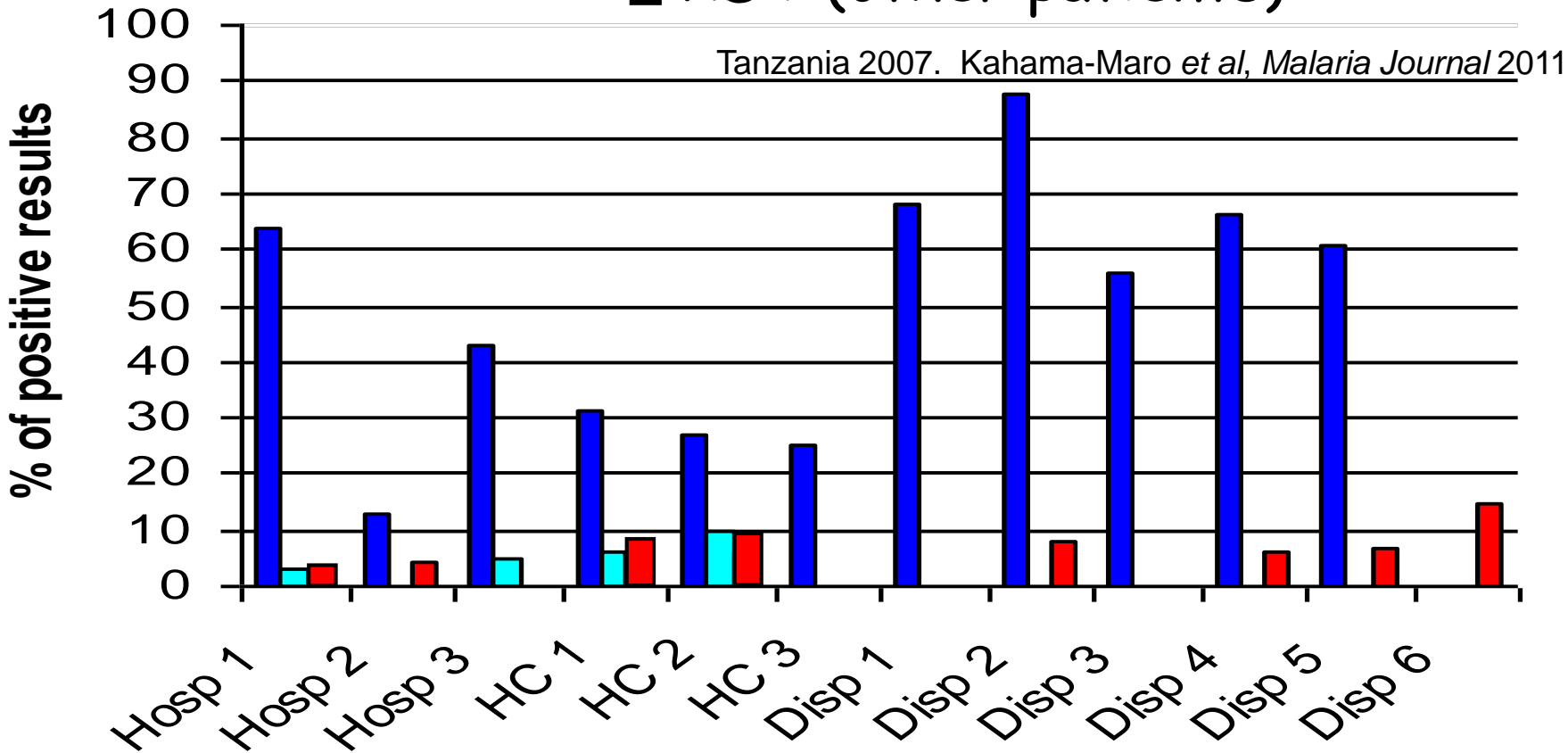


Go digital

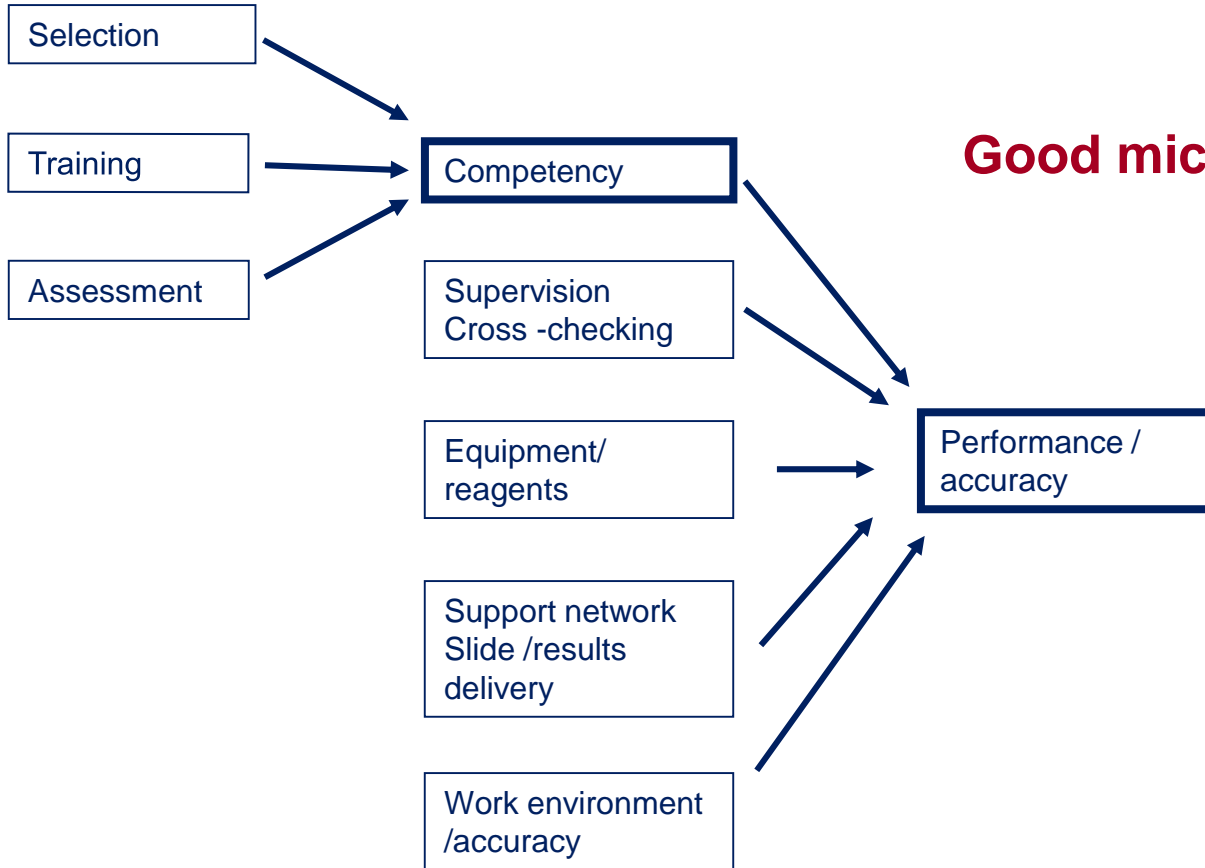
Routine microscopy



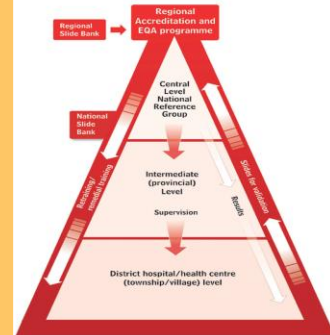
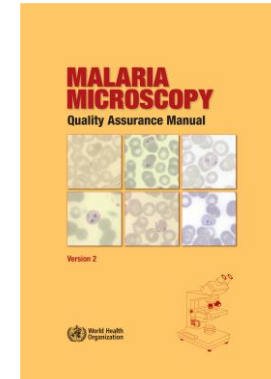
■ Routine microscopy ■ Expert microscopy
■ RDT (other patients)



Factors influencing microscopy quality



Good microscopy is not cheap!



Commercially-available Rapid Diagnostic Tests

~300M diagnoses /year

Target antigens

Histidine-rich protein 2 (HRP2)

P. falciparum only

Antigen persists in circulation after treatment

Plasmodium Lactate dehydrogenase (pLDH)

Pan/specific or species-specific

Clears rapidly after treatment

(Aldolase)

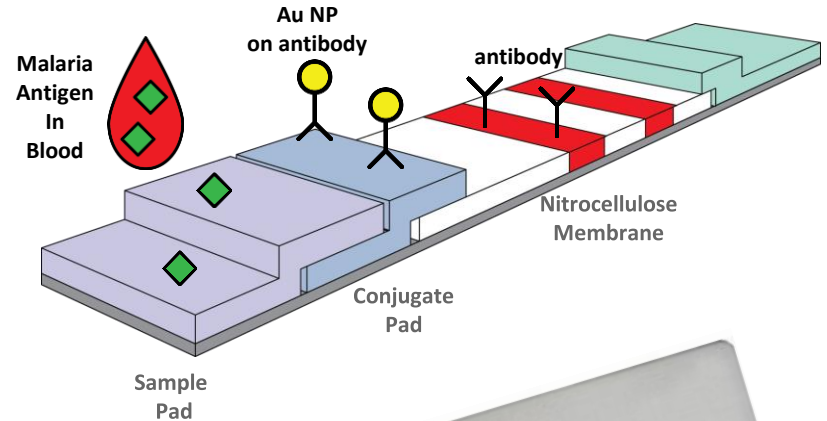
Formats:

Pf-only

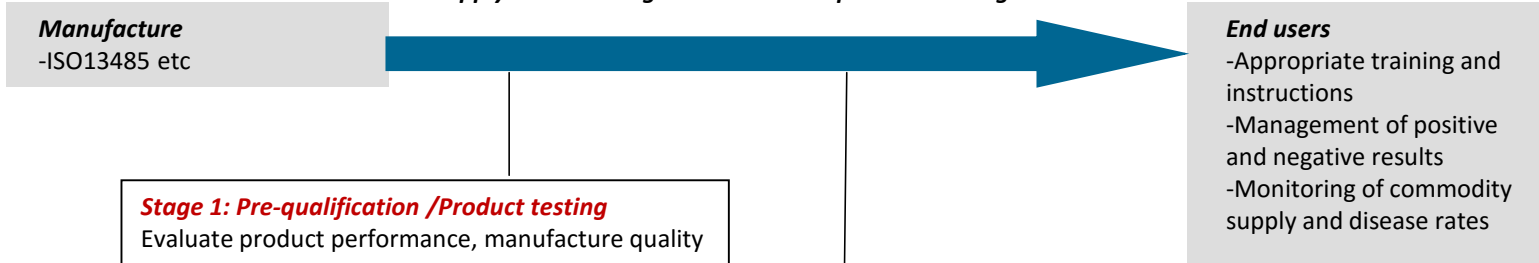
Pf/pan

Pf/Pv

Other



Maintaining diagnostic quality



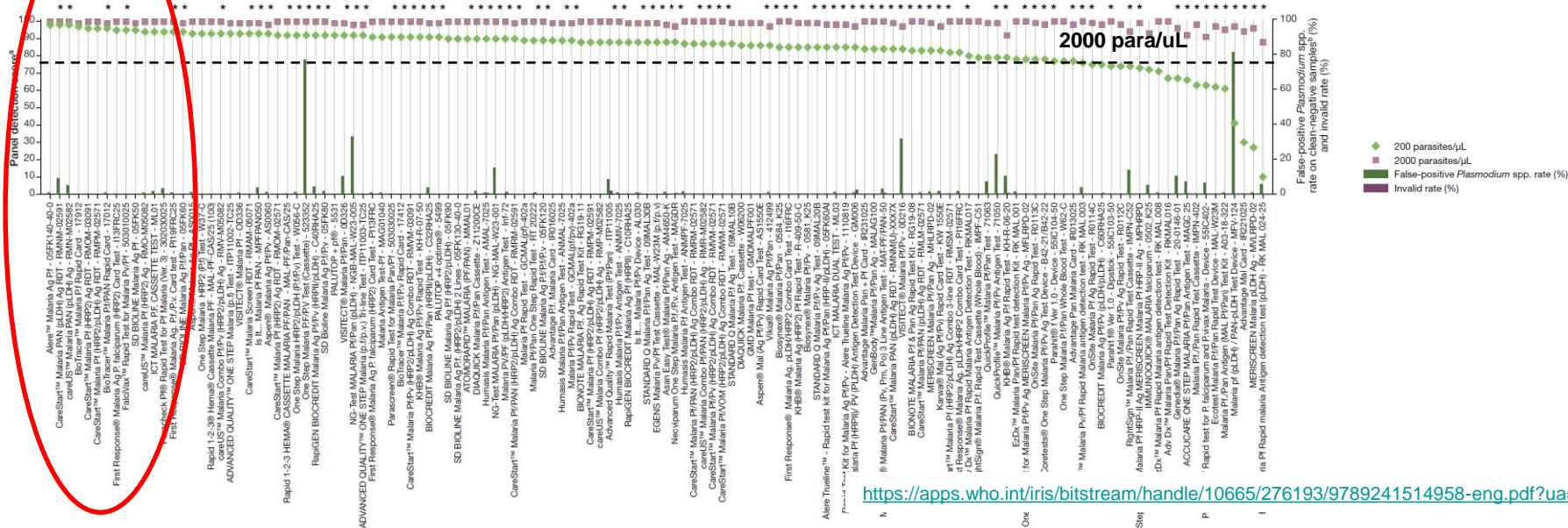
Stage 1: Pre-qualification /Product testing
Evaluate product performance, manufacture quality

Stage 2: Testing manufactured lots within country (India - NIMR)
Confirm product quality on arrival.
Test samples from field



WHO Malaria RDT Product Testing: Rounds 1-8 results (227 unique products)

P. falciparum



<https://apps.who.int/iris/bitstream/handle/10665/276193/9789241514958-eng.pdf?ua=1>

Malaria Rapid Diagnostic
Test Performance

Summary results of WHO product testing
of malaria RDTs: round 1-8 (2008-2018)



Are these tests sensitive enough?

Is it safe to withhold anti-malarial treatment from RDT-negative febrile children in high-prevalence *P. falciparum* areas?

Yeboah-Antwi K, et al. *PLoS Med* 2010. Zambia (*ICT Malaria Pf*)

963 children with fever – 698 RDT negative, no anti-malarials

Mortality: 2 (non-malarial)

Faucher JF, et al. *Malar J* 2010. Benin (*Paracheck*)

677 children with fever - 281 RDT negative, no antimalarials (~61% ABs)
3 episodes of malaria noted in 14 days follow-up.

No mortality

D'Acremont V, et al. *Clin Infect Dis* 2010. Tanzania (*ParaHit f*)

1000 children with fever, 601 RDT negative, no antimalarials
3 episodes of parasitaemia noted later.

Mortality: 2 (non-malarial causes)

Mtve G et al. *Malar J* 2011. Tanzania (*ParaHit f*)

965 children with fever, 807 RDT negative, no antimalarials (~various other)
6 episodes of parasitaemia noted later (all PCR neg at enrolment).

No mortality

Senn N et al. *Clin Infect Dis* 2011. Papua New Guinea (*ICT Malaria Combo*)

5670 childhood fevers, 3942 RDT negative, no antimalarials
29 episodes of parasitaemia noted later.

Mortality: 2 (non-malarial causes)

WHO Malaria RDT Product Testing: Rounds 1-8 results (227 unique products)

P. vivax

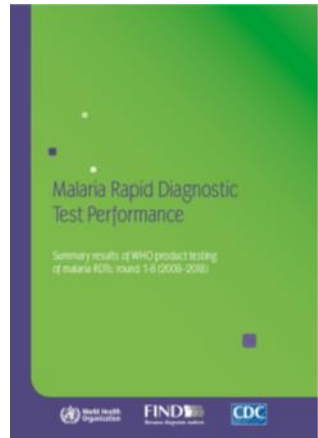


Cochrane review of RDT field performance on non-falciparum parasites, 2014 (currently being updated):

Versus microscopy:

- Sensitivity 78-89%
- Specificity 98-100%

parasites/ μ L
 0 parasites/ μ L
 e-positive *Plasmodium* spp. rate (%)
 lid rate (%)



Translating lab performance into clinical performance

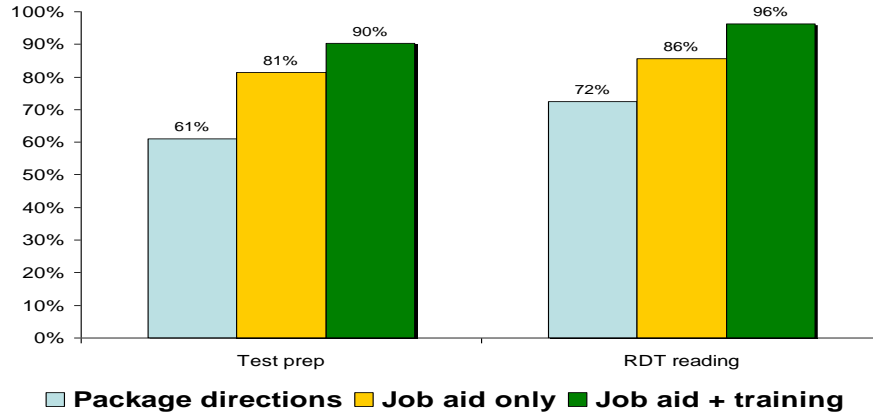
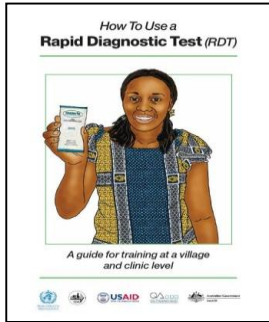
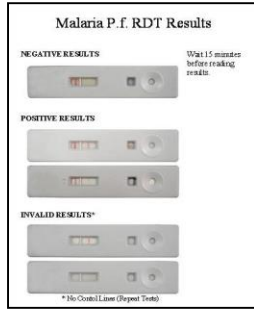
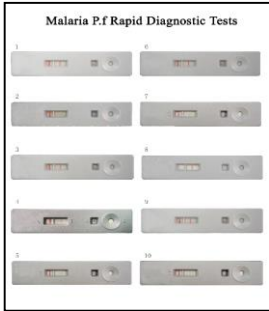
Impact of commercial pressures and realities of routine logistics and use.



Photo courtesy of Helen Counihan, Malaria Consortium



Improving user performance



Case management - Threats and challenges.....

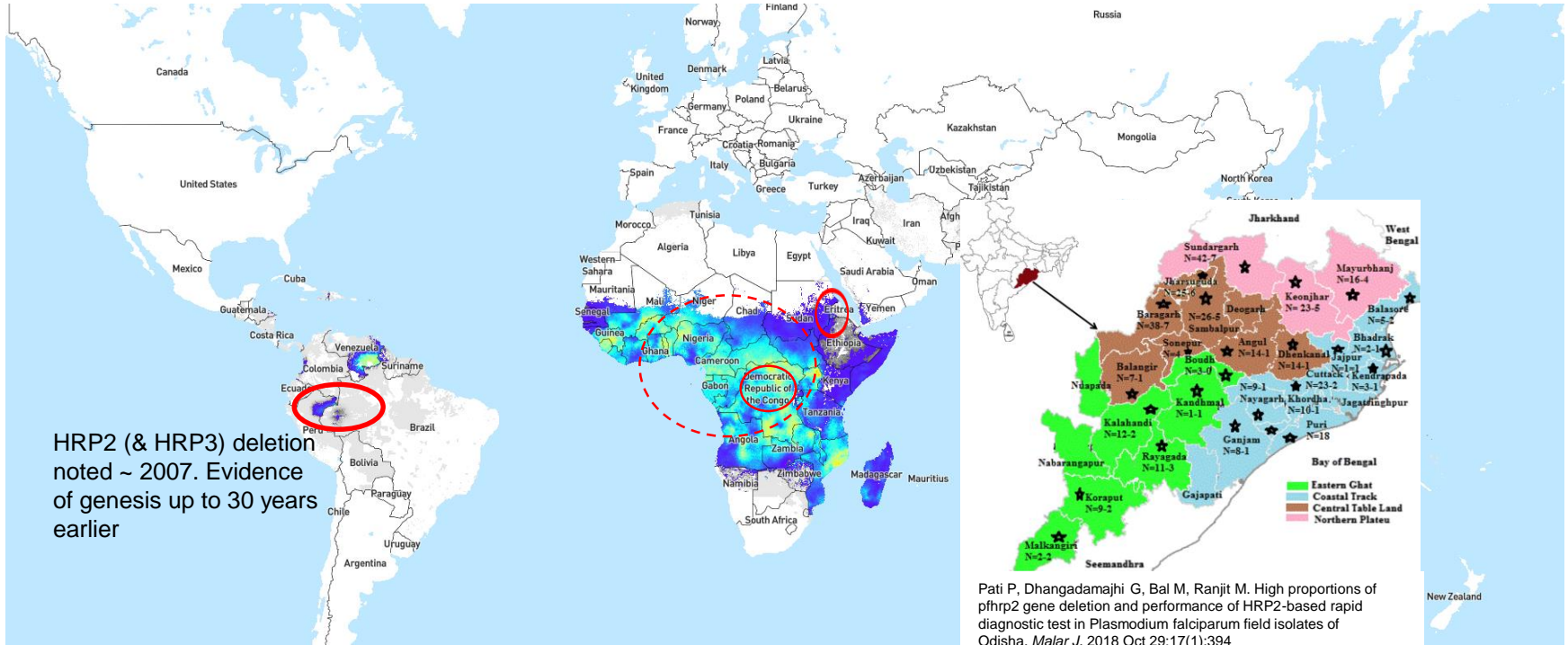
Threats and challenges.....

Vivax management

- *P. vivax* tests remain insufficiently sensitive
- No tests exist for liver stage (latent) *P. vivax* infection
- 14 day courses of primaquine (liver stage clearance) are poorly adhered to.
- Therefore, reduction in transmission is greatly retarded by relapse
- Tafenoquine (single dose 8-aminoquinolone) now prequalified but requires G6PD deficiency testing (*single long-acting dose, so ~higher risk of severe haemolysis*)
...but no good point-of-care G6PD test exist
- We will likely not accelerate *P. vivax* elimination until part or all of this is solved.

Threats and challenges.....

HRP2 deletions

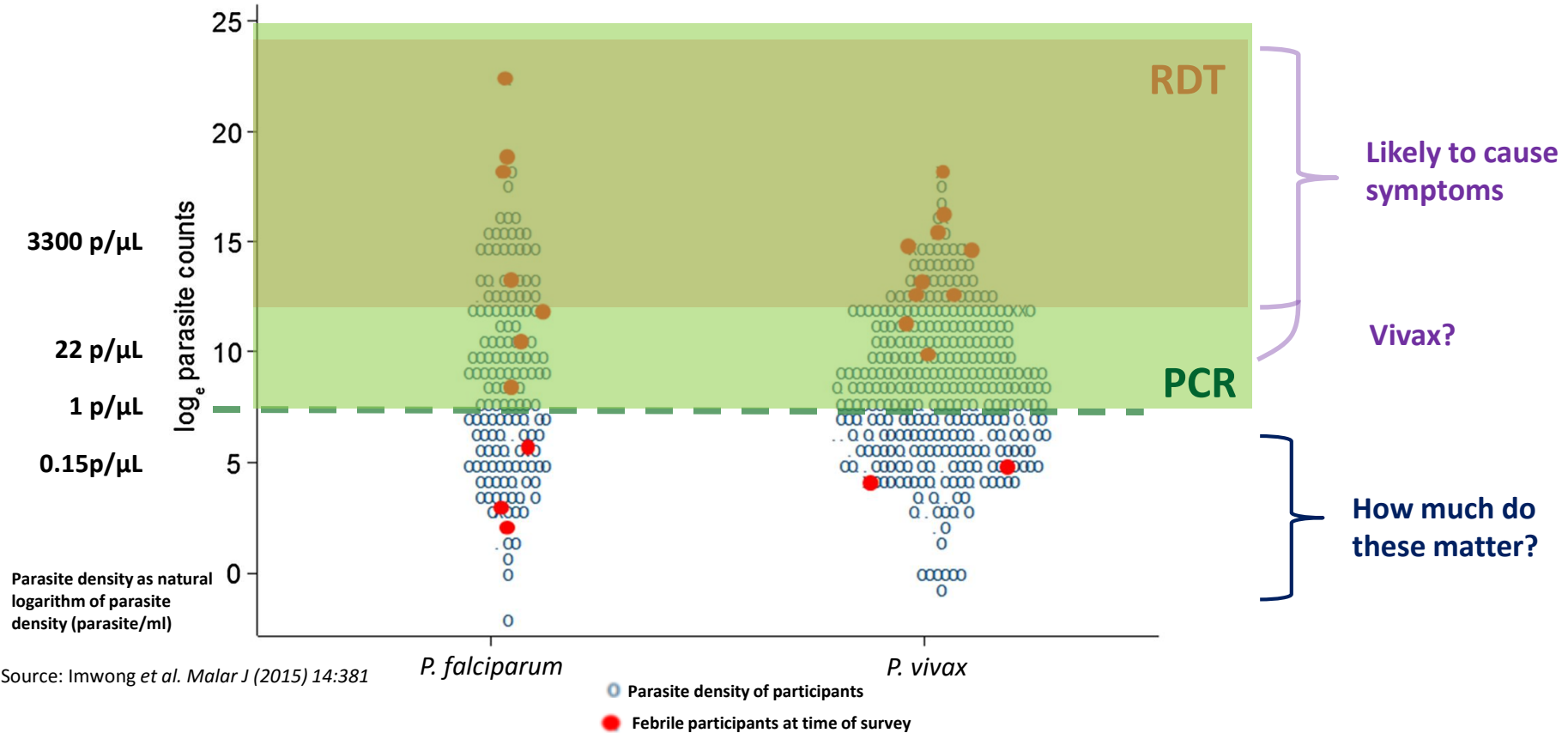


Parasitaemia in very low transmission /elimination

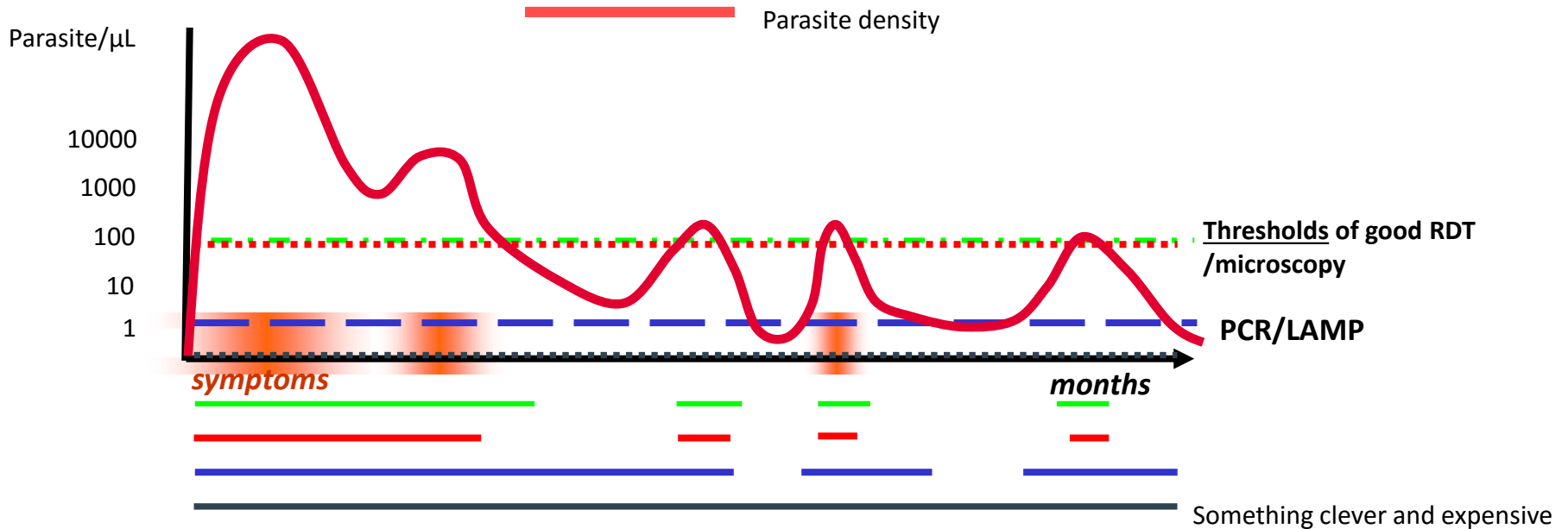


How sensitive do we need to be?

Tradeoff between sensitivity and ability to implement



Place of POC diagnostic methods in malaria detection...



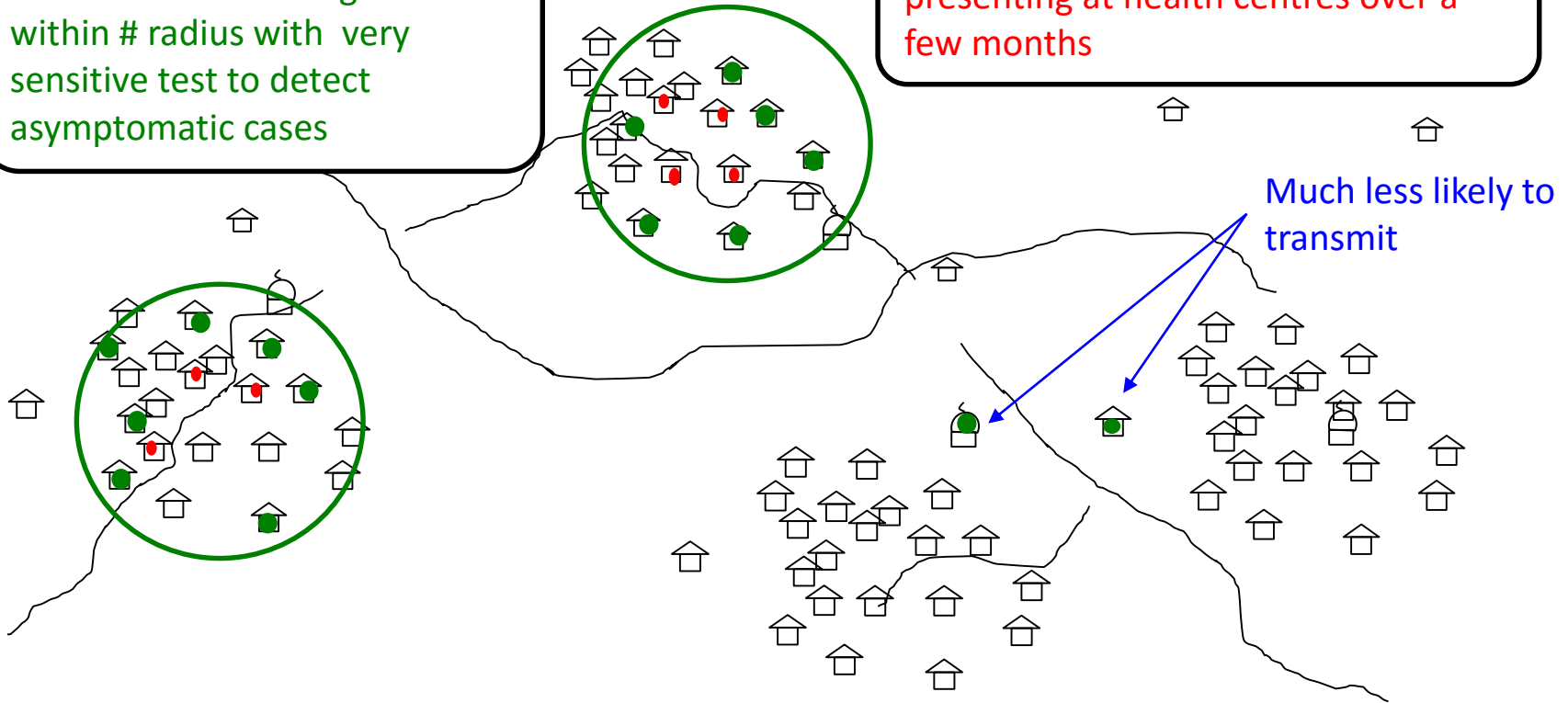
May be possible to transmit infection through all of this period

Derived from observations of controlled infections to induce fever in tertiary syphilis patients, compiled by Collins and Jeffreys, US CDC. Unpublished data.

Focusing screening and treatment (FSAT) in areas with passively-detected foci robust anthropophilic vector (e.g. *A. gambiae*, *A. farauti*)

1. Passive Surveillance: Malaria cases presenting at health centres over a few months

2. Screen surrounding houses within # radius with very sensitive test to detect asymptomatic cases

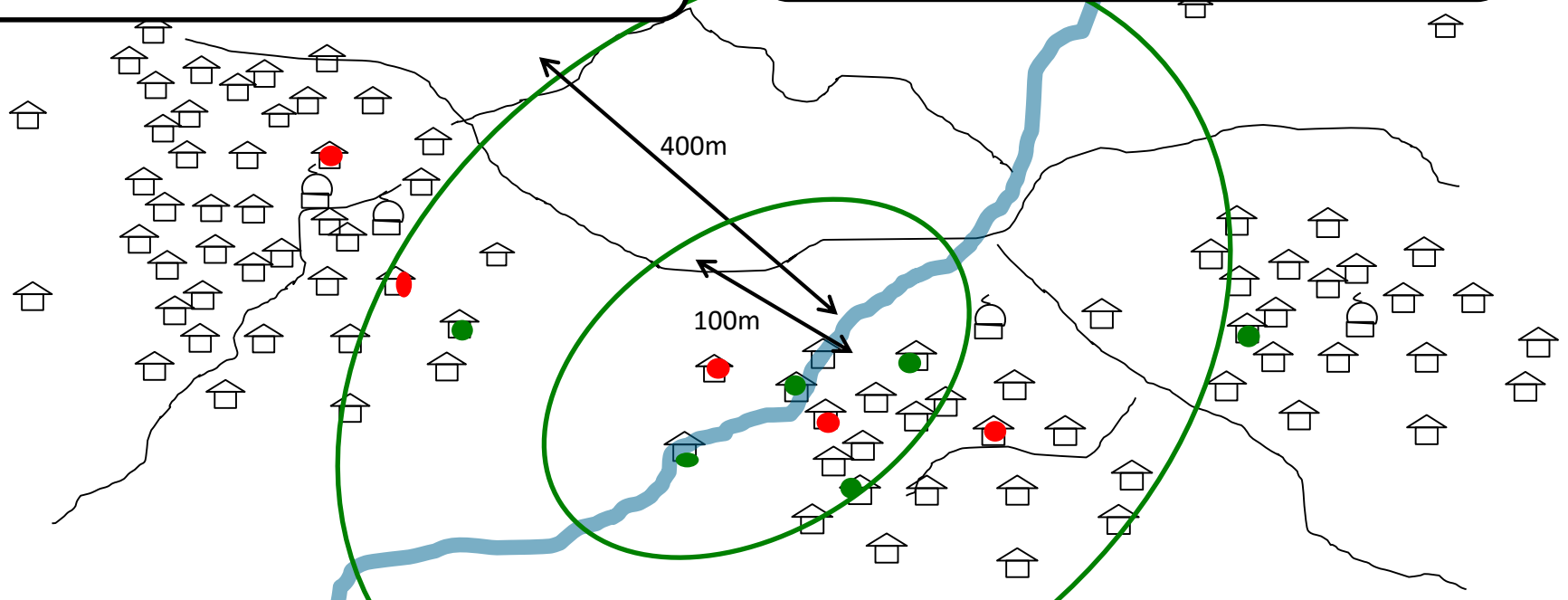


Focal screening (FSAT) around a confined vector breeding site

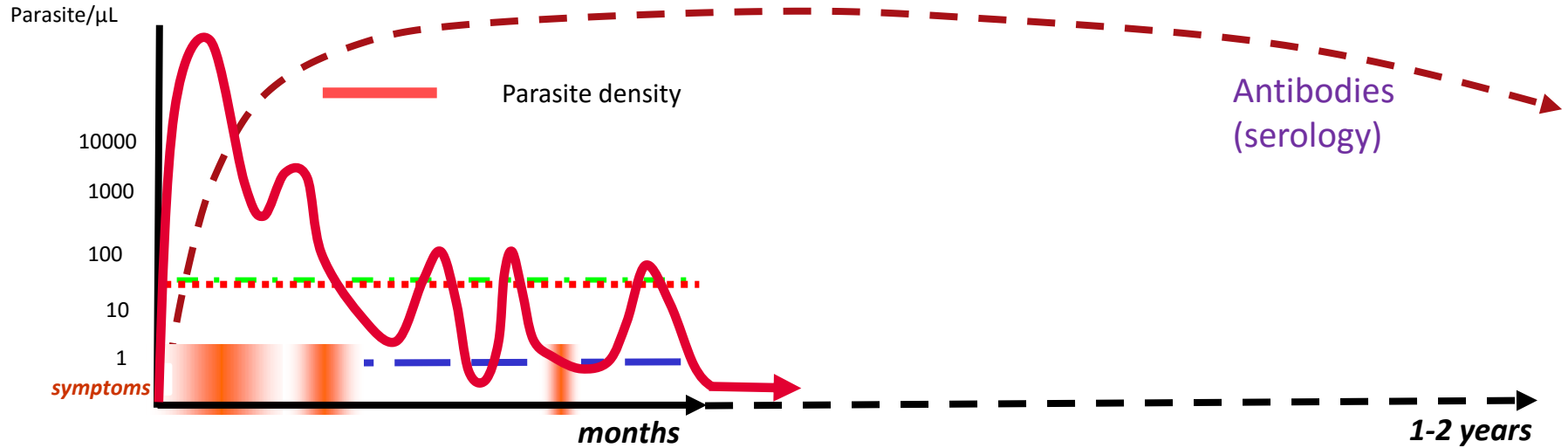
(*A flavirostris*: Foley et al. TRSTMH, 2003)

2. Screen surrounding houses within # radius of known breeding site, with very sensitive test to detect asymptomatic cases

1. Population screening: Broad survey of #% of population, identifies foci (cluster) of recently-infected people

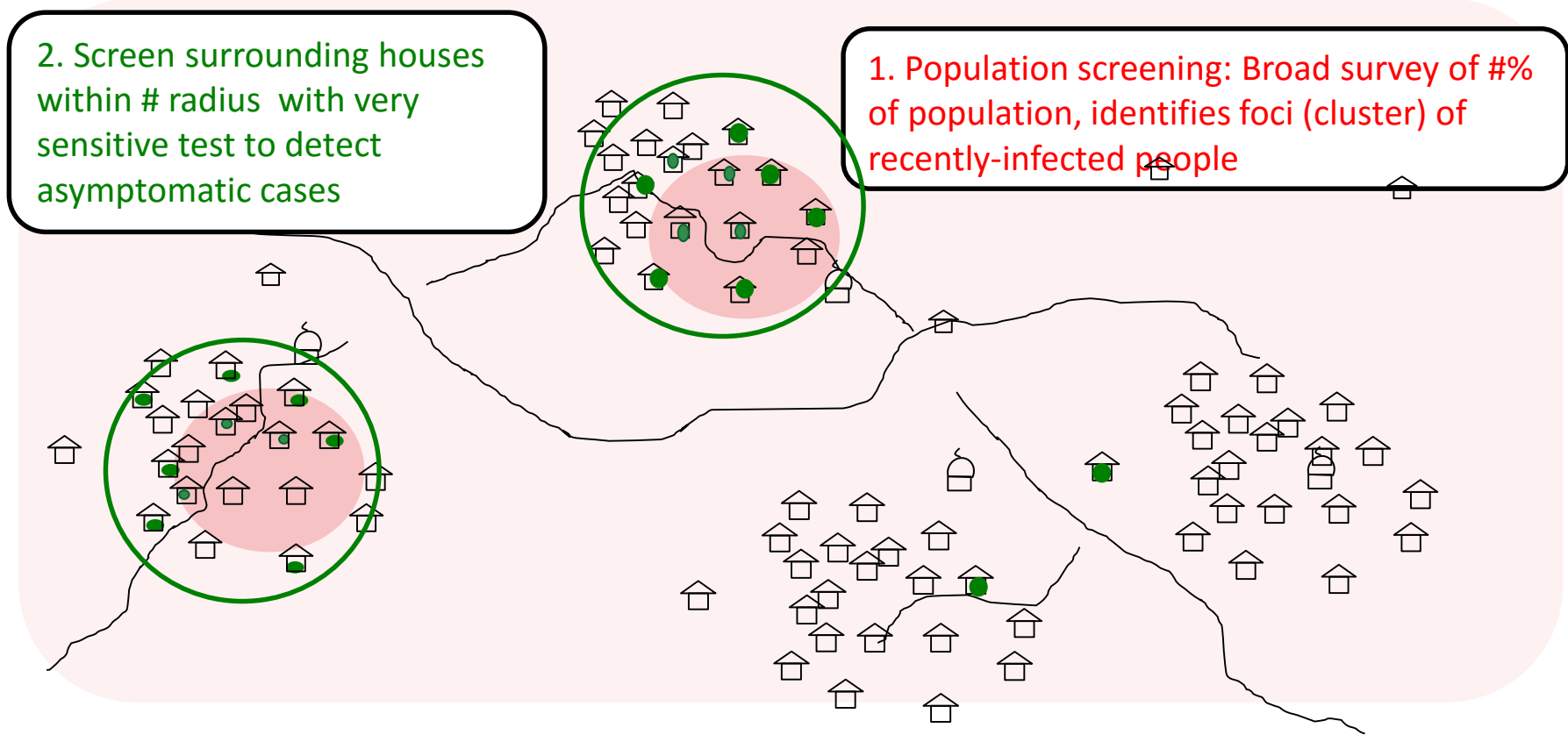


Extending the window of detection of 'infection' to identify transmission foci within a broad area



Derived from observations of controlled infections to induce fever in tertiary syphilis patients, compiled by Collins and Jeffreys, US CDC. Unpublished data.

Identifying and managing foci through broad population surveys



Emerging technologies



Detecting very low density infection – Current options

Nucleic acid amplification tests (NAAT):

- PCR....** Potentially cassette-based field products in future
Current PCR techniques applicable if lab close to community (eg. Cambodia)
- LAMP...** Capable of near-patient operation with sensitivity similar to PCR

Enhancement of Lateral Flow Assays (RDT)

- Improved LFA strip
- Sample pre-concentration
- Signal enhancement with e-readers

Other:

- Haemozoin detection*
- Digital microscopy, pattern-recognition software,*
- All those cell-phone Apps...*

LAMP

(Loop-mediated isothermal amplification)

Malaria LAMP Assay (Eiken /FIND):

- Need heat block, +/- centrifuge, reaction tubes, bench.
- Results (including sample prep) within 2 hours
- Reading: visual (fluorescence) or turbidimeter

-Sensitivity roughly equivalent to PCR

-98% sensitivity at ≥ 2 para/ μ L

- Hopkins et al. JID, 2013, Sutherland et al. JID, 2013

Fresh samples, dry blood spots

Much simpler, nearer patient than PCR



(-)

(+)

Cassette-based PCR

e.g. QuantumDx:

- Cassette-based PCR
- ~20 minutes to result
- Disposable cassette in Reader module
- Company was initially concentrating on malaria diagnosis
 - Now pre-cancer, STI etc



Standardizing PCR and reducing costs remains a major issue for malaria research and elimination, but who would pay?



Courtesy of QuantumDx

Enhancement of Lateral Flow Assays (RDT)

e.g. Abbott (Alere) Ultra-sensitive HRP2 RDT

- Some improvement on current RDTs (lower limit of detection)
 - Outcomes vary between different studies
- 20 minutes to result (as per case-management RDTs)
- *P. falciparum* only



Various groups developing more sensitive RDTs for *P. vivax* (LDH)

Serology tests for *P. falciparum* and *P. vivax* transmission detection in development

Accuracy of LM, PfPv RDT, Pf RDT, and HS-RDT for the diagnosis of *P. falciparum* infections in peripheral blood of pregnant women.

		PCR			Sensitivity	Specificity	Value (95% CI)		
		(+)	(-)	Total			PPV	NPV	Kappa
LM	(+)	27	0	27	77.1%	100.0%	100.0%	98.9%	0.9
	(-)	8	702	710	(61.0–87.9)	(99.5–100.0)	(87.5–100.0)	(97.8–99.4)	(0.8–1.0)
Pf/Pv RDT	(+)	27	0	27	77.1%	100.0%	100.0%	98.9%	0.9
	(-)	8	702	710	(61.0–87.9)	(99.5–100.0)	(87.5–100.0)	(97.8–99.4)	(0.8–1.0)
Pf RDT	(+)	29	1	30	82.8%	99.9%	99.9%	99.1%	0.9
	(-)	6	701	707	(67.3–91.9)	(99.2–100.0)	(83.3–99.4)	(98.2–99.6)	(0.8–1.0)
HS-RDT	(+)	30	4	34	85.7%	99.4%	99.4%	99.3%	0.9
	(-)	5	698	703	(70.6–93.7)	(98.5–99.8)	(73.4–95.3)	(98.3–99.7)	(0.8–1.0)

LM (light microscopy); Pf (*P. falciparum*); Pv (*P. vivax*); RDT (rapid diagnostic test); HS-RDT (highly sensitive rapid diagnostic test); nPCR (nested polymerase chain reaction); (+) (positive); (-) (negative); PPV (positive predictive value); NPV (negative predictive value); CI (confidence interval)

<https://doi.org/10.1371/journal.pone.0201769.t003>

ANTE-NATAL SCREENING: Vásquez AM et al. Performance of a highly sensitive rapid diagnostic test (HS-RDT) for detecting malaria in peripheral and placental blood samples from pregnant women in Colombia. *PLoS One*. 2018 Aug 2;13(8):e0201769.

Haemozoin detection

e.g. Hemex Gazelle malaria assay

- Detects haemozoin in finger-prick blood
- 1 minute from sampling to result
- Similar sensitivity to current RDTs for *P. falciparum*
- Higher sensitivity for *P. vivax*
- High specificity

- Under trial at Manipal

- Uses:

- ? *Vivax* diagnosis
- *HRP2-deleted P. falciparum*
- *Rapid screening*
- ?



	Sensitivity	Specificity	Time to Result	
RDTs/kits	79%	100%	20 min	Clinical study in Mumbai, India, N=154, Primarily <i>P. vivax</i> , Compared to LM
Hemex	98%	100%	1 min	

	Sensitivity	Specificity	Time to Result	
Microscopy	89%	100%	45 min	Clinical study in Peru* with US Navy, N=118, Compared to PCR
Hemex	95%	100%	1 min	

Hemex Health - unpublished



Various groups evaluating potential for non-invasive H₂ detection

Summary

Case management

- Good tools for *P. falciparum*
- May need to re-think vivax diagnosis if to make significant inroads
- But much actual malaria diagnosis remains symptom-based, with parasite-based diagnosis mainly supported by external funding (*highly fragile*)

Elimination

- Screening tools are inadequate, need:
 - Better management systems for routine diagnostic data
 - More sensitive screening tests
 - Population screening tests (monitor transmission)...that are affordable and usable within national programs (i.e. sustainable)

Global market for elimination tests remains highly dependent on mood of external funders

– not a good prospect for manufacturers

Thank you

